

ANNUAL REPORT
2011-12

ETHNIC YOUTH SUPPORT TEAM

Helping young people achieve their full potential



Ethnic Youth Support Team
Tim Cymorth Ievenctid Ethnig



Welcome

ABOUT EYST

Ethnic Youth Support Team was set up in 2005 by a group of ethnic minority young people in Swansea. It aimed to fill a gap in provision for young BME people aged 11-25 by providing a targeted, culturally sensitive and holistic support service to meet their needs. Ethnic Youth Support Team has since gone from strength to strength, and now employs a team of 10 staff, and thanks to funding from a wide range of funders is able to deliver a range of services from education, employment & health, to personal and community safety.

EYST is award-winning, and past awards include Best Overall Project and Best Community Safety Project in the 2009 Lord Mayor Community Regeneration Awards, as well as Best Youth Centre Project in the Welsh Government Youth Work Awards 2011.

EYST provides training & consultancy to a wide range of organisations and also provides training services for individuals and young people. EYST is a Company limited by Guarantee. Reg. No.6709767

CONTENTS

Message	4
Key Achievements	5
Testimonials	6
Project: My Space	7
Project: Unity	8
Project: PSP	8
Project: Engage	9
Project: Employment	10
Project: 'V'	10
Project: Mixtup	11
Training Programme	12
EYST Team	13
Financial Summary	14
Funders & Supporters	15

CHAIR & DIRECTOR'S MESSAGE...

2011-12 has been another very busy year for EYST with many of our more established projects coming to an end, including the Positive Street Project, Volunteering Project, and Engage Project.

However, as we look back on the year, we can reflect on all that we have learnt and all that has been achieved through these projects. Overall, this year has brought a realisation that we cannot continue to support ethnic minority young people without also broadening our focus and looking at the bigger picture, of their homes, their families and their peer groups around them.

So, through our work in schools, while we continued to support BME young people with their individual issues, we also made sure we engaged with non-BME young people and delivered relevant awareness sessions to whole class groups so that they could get more positive information about the different races and religious groups living in Swansea....

Through the My Space project we have reached out to other groups in the community, enabling the EYST centre to be used by diverse groups from young people with disabilities, to refugee and asylum groups, and a dads' support group.

The volunteering project also inspired many young people to think not only about the needs of people in their local community, but across the globe. This work continues and we have consolidated our support through a regular donation to four young people

across the globe in Haiti, Ethiopia, Brazil and Pakistan, via the Action Aid charity.

And through the Positive Street Project, while we retained our focus on working with young Muslims, we could also see that it was not only young Muslims who needed help in staying away from extremism.

So, as many of these projects become a part of the EYST journey, we can see many new openings and opportunities ahead.

Just before Xmas 2011, we received the happy news that our application to the Big Lottery Innovation Fund had been successful to deliver the Think Project, challenging racism and far-right extremism in young people in Swansea. This project started in April 2012 and has been very successful to date.. but more on this in next year's annual report!

We also had news of a successful application to Children in Need to deliver the Bridging Cultures, Strengthening Families project, a project aiming to bridge the cultural, linguistic and generational gap between children of immigrant families and their parents....

For now, we would like to thank all of EYST's hardworking staff, volunteers and management committee, and the many organisations and funders who support us, without which we could not do all that we do.

Rocio Cifuentes & Momena Ali
EYST Director & Chair

...LOOKING AT THE BIGGER PICTURE



+ IN 2011-12 WE...

Had **10,470 visits** to the EYST Youth Drop In Centre and of these... **68.9%** of young people attending learnt a **new skill**; **70.7%** made **new friends** and socialised; **60.3%** were able to stay **out of trouble**, and **51.7%** felt they had something to be **proud of**....

Provided one-to-one mentoring and support to **147** young people

Supported **1295** young people through **236** drop-in sessions in schools & colleges.... Which helped **58%** of young people feel more confident in school; **53.4%** to improve their grades; and **26%** to help their teachers understand them more

Delivered **58** information workshops in partnership with other agencies

Delivered racism and islamophobia awareness sessions to **277** young people

Trained **213** professionals in **BME** youth issues

WHAT Young People have gained from EYST:

- 76%** increased their Confidence
- 62%** increased their Knowledge about Education
- 57%** increased their Participation
- 55%** increased their Knowledge about Jobs & Careers
- 34%** improved their Health



+ WHAT OUR PARTNERS THINK EYST DO BEST....

“EYST are excellent in providing trust and confidence for young people to engage with statutory authorities and acting as a conduit for communication and engagement”

“...have a genuine passion to help and support their members”

“...have been a fantastic support to our school. They are easy to contact and do deliver what they say they will”

“They get young people involved in activities that will help them make informed decisions in future”

“The training on Islamophobia was excellent”

“They are a valuable and trusted partner”



PROJECT: MY SPACE
Offering community space to diverse sections of the community



The **My Space** Project, funded by the Big Lottery Fund People and Places Programme.

This has enabled us to extend the centre opening hours and offer a range of day-time and weekend services to different community groups.

These include:

- + IT Classes
- + English Classes
- + Mother & Toddler Groups
- + BME Carers Groups
- + Dad's Groups
- + Disability Youth Groups
- + NEET (Not in Education, Employment or Training) Youth Groups



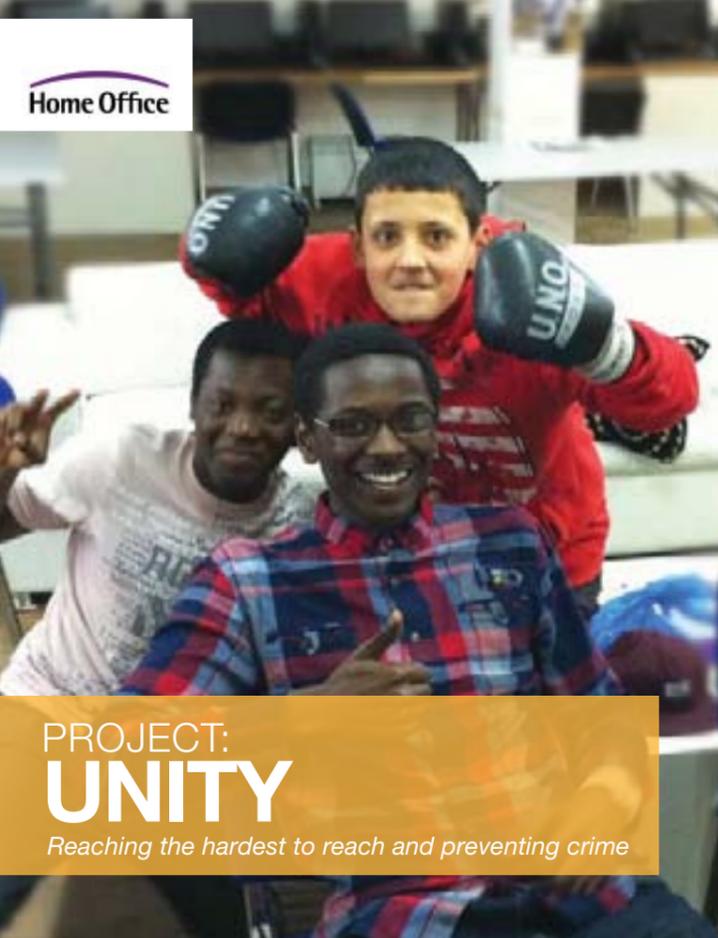
Serving the wider community

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
10 - 12pm - Dad's Group	10:30 - 12pm English Classes (Women only)	11 - 12pm Carers Group (Social services)	11 - 1pm English Classes (Men only)
12 - 2:30pm Youth Club - Council	12 - 1pm Ladies Gentle exercises	12 - 1pm Ladies Gentle exercises	1 - 3pm IT Classes
6pm Drop-In	3 - 6pm EYST Boys Drop-In	3 - 6pm EYST Boys Drop-In	3 - 6pm EYST Boys Drop-In
	4:30 - 6pm Carers surgery (second wed of mth)	4:30 - 6pm Carers surgery (second wed of mth)	4:30 - 6pm Volunteer (Month)

+Partners Comment

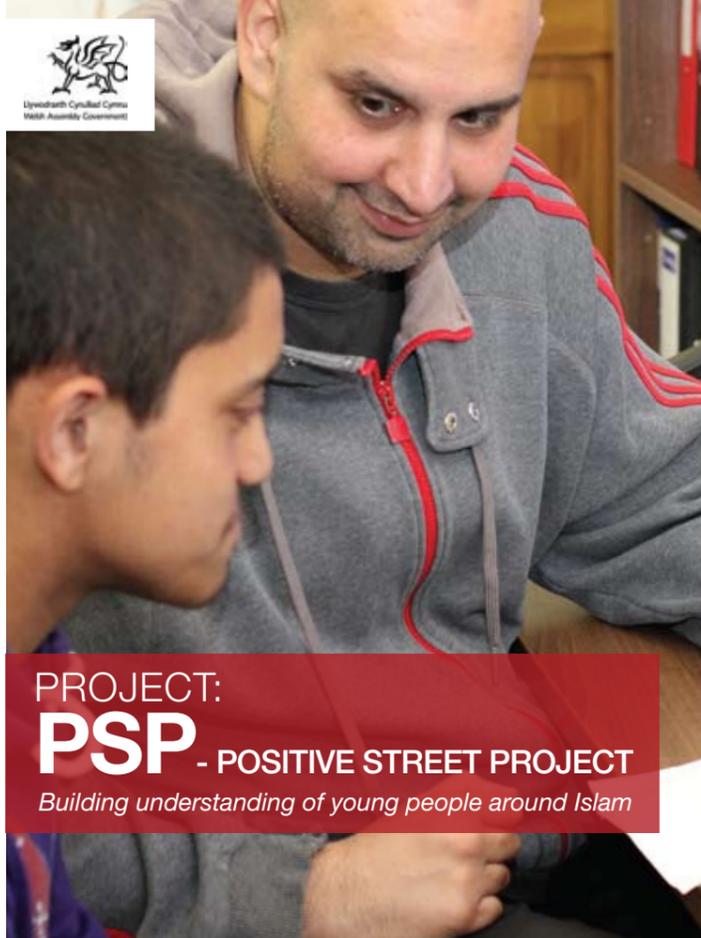
“They work **together** as a Team, **supporting** not just their own group but have the ability and **understanding** that allows them to **‘out-reach’** to others in the community in **need** of support”

Community Organisation



PROJECT: UNITY

Reaching the hardest to reach and preventing crime



PROJECT: PSP - POSITIVE STREET PROJECT

Building understanding of young people around Islam



PROJECT: ENGAGE

Supporting young people in education and beyond

Unity Project is a Home Office Funded Project which aims to engage young people from a wide range of backgrounds and reduce their involvement in crime.... especially gang-based crime.

Through the project over 2011-12 we have:

- + Extended our evening opening times in EYST – open till 8pm on 3 evenings a week
- + Undertaken Streetbased Outreach, engaging with the hardest to reach
- + Offered Accredited Peer Mentoring Training which 10 young males achieved
- + Run Weekly Football Sessions attended by 24 young people every week
- + Offered information workshops focussed on reducing offending including from Youth Offending Service, South Wales Police, Fire Service, HMP Swansea...

60% of young people felt attending the EYST Youth Drop In Centre helped them stay out of trouble....

Funded under the Welsh Government, the PSP Project aims to engage with young muslims males and increase their understanding of Islam and prevent violent extremism.

This has been the project's 3rd year of operation, and we have continued to work successfully on several levels....

At the street level, we have engaged successfully with young Muslim people and offered a comprehensive programme of support including community and school/ college-based support.

On the educational level we have continued to work with respected scholars to offer authentic Islamic teachings and educate young people about different types of extremisms.

On a strategic level, the project has made an important contribution to the Prevent Delivery Group in Swansea, the Prevent Board, and to the Community Cohesion Agenda in Wales.

Through the PSP Project in 2011-12:

- + We held 15 Anti-Extremism Talks reaching 259 young people
- + We delivered 17 Racism & Islamophobia sessions to 462 young people in schools & colleges
- + We produced a leaflet 'Islam: reality from the Myth' which will be distributed to 2,500 young people'



The Engage Project has been funded by Cymorth by Swansea City Council and the Welsh Government. It aims to support young BME people to achieve their full potential.

This year, we have increased the number of schools we work with, increasing to 6 secondary schools which we support on a weekly basis, and the two local FE colleges. We have begun to strengthen links to two feeder primary schools, with a view to working towards a more preventative and family-focussed approach.

Over 2011-12 we have delivered:

- + 236 school & college drop-in sessions
- + 1295 contacts with young people through drop-in sessions

We helped:

- + 59% of young people feel more confident in school
- + 53% improve their grades
- + 48% understand their educational options better
- + 26% feel better understood by their teachers



What schools have said about US:

"EYST communicate; they work with school and young people in a true partnership."

School Deputy Headteacher



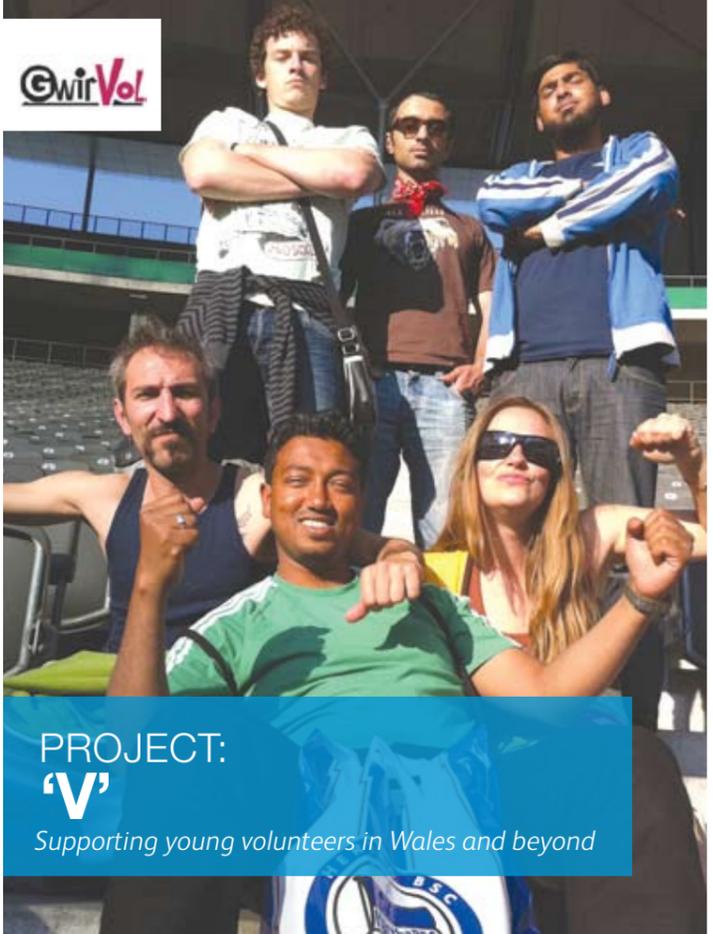
PROJECT: EMPLOYMENT
Helping young people into employment

EYST's **Employment support** project funded by the Deprived Area Fund supported a total of **273 beneficiaries** from BME backgrounds, of whom **43 found employment, 154 went into training**, and 76 were referred to other support agencies.

A Client Case Study

A 24 year old female of Asian origin required support with finding employment as well as appropriate training courses to further her education. She had come from Pakistan after getting married. She was not very confident in her ability to speak English and also wasn't aware of how to apply for courses or employment. She found out about EYST and self-referred to EYST's Employment Support Project. We helped her to identify her needs, goals and devised an action plan with her.

EYST assisted the client in attending a college open day and exploring several different courses according to her previous qualifications and employment experiences. Eventually with help and support from EYST's Employment Support Project, the successfully completed tests for entry level into Gower College, started NVQ level 2 in Child care, and then went on to find a relevant work placement. The client was given training in interview skills and helped in attending several interviews and eventually was able to start her work placement with a local day care nursery.



PROJECT: 'V'
Supporting young volunteers in Wales and beyond

'V'Project is a Gwirvol Funded Project which aims to engage young BME volunteers aged 16-25 in a range of different volunteering opportunities.

This year, the project enabled a total of **22 young volunteers** undertake **1040 volunteering hours**, working with a wide range of organisations including **Interplay; Red Cross; Mess up the Mess, SCVS, Play Bus, Friends & Families of Prisoners in Swansea; Minority Ethnic Women's Network Swansea, Childline; NSPCC; More Green Project, Action Aid, Islamic Relief**, and many more....

One volunteering project involved EYST girls project holding a series of fundraising events last year, to raise over £2000 for the **East Africa Appeal**, to spend on a clean water system for the drought-stricken region. Volunteers organised a collection at the Swansea university, as well as holding a fundraising night, with entertainment, henna hand painting, and an auction for items donated by local businesses, and art made by some of the volunteers.



PROJECT: MIXTUP
Youth club for young people of mixed abilities



The **Mixtup Project** for young people of Mixed abilities was established in January 2011 and has been running successfully over the last year. Over 2011-12, in partnership with Interplay, we held 12 youth club sessions attended by a core group of 12 young people.

The sessions including different activities including: Cup-cake making ; Dynamo Business Role Modelling; Ten Pin Bowling and Cosmos; Xmas Arts & Craft-making; Chinese Culture Workshop; Consultation on new Children's health Centre; Train the Trainer training

We have also linked up with UK Charity Whizzkidz which has also begun delivering monthly clubs in the EYST Centre.

In October 2011, 3 young people from Mixtup were successful in pitching for £600 funding from Swansea Youth Bank and in March 2012, they won the award for Coolest Project Idea at the SYB awards!!



+ Rhiannon's Testimonial



My name is Rhiannon, I am 17 and I have been attending EYST youth club for about a year. I really enjoy it and strongly feel that it helps me to see the positive aspects of disability over the negative. If more youngsters with difficulties came to this youth club, we would be able to realise, as a group, what our abilities are instead of trying to struggle through mixed feelings about what they are or are not, alone!! There are many varied activities on offer, including art, circus skills, party games, film making and cooking. The people that help there are very welcoming, really friendly, caring and a good laugh!!



EYST TRAINING SERVICES

Cultural diversity training to organisations and individuals

We are pleased to have further developed our training programme this year. 213 professionals trained this year.

Utilising our experience, we provide Cultural Diversity Training courses designed to meet the specific needs of our clients depending on their specific requirements and existing skills set.

Training at EYST is unique in that the trainers are qualified with a wealth of knowledge and experience in dealing with the topics that they cover, thus bringing a personal touch to their delivery.

Some of the organisations that we have delivered training to include:

- HMP Swansea
- South Wales Police
- Communities First Teams
- Careers Wales
- Mid and West Wales Fire Service

...Some of the topics we cover...

Understanding Cultural Diversity within the Welsh Context

This topic covers the various cultures settled in Wales, the ethnic breakdown and how customs and values held by the diverse communities impact on service provision. Raising awareness of the many religions in Wales and exploring their diversity as well as similarities between them.

Understanding Islam and challenging Islamophobia

Islam awareness and basic facts about Islam. Challenging preconceptions about Islam and exploring the effects of Islamophobia.

Forced Marriage and Honour Based Violence/ Killing

Definitions of forced and arranged marriages, and a sensitive approach to tackling victims of FM and HBV. Highlights difference between FM & arranged marriages. Identifying multi agency approach in supporting victims of HBV. Exploring cultural and religious stands on FM & HBV in BME communities.

All courses are tailor made half-day or full day courses, as specified by individual booking organisation.

If you are interested in any of the courses listed, we would like to know your specific training requirements in order to support your learning & development.

Engaging with minority ethnic communities and young people

Awareness of local ethnic minority communities with a specific focus on young people. Issues that cause disaffection amongst BME youth. Exploring gender differences. Identifying tools for effective engagement. Overcoming barriers and mentoring BME youth in a culturally appropriate way.

Substance misuse and cultural diversity approach

Raising awareness of cultural diversity issues in supporting young ethnic minorities in relation to substance misuse. Identifying culturally sensitive approaches to assisting BME youth overcome cultural barriers & challenges.

Race Equality

Delivering racism awareness and its impact on victims and how to address the issues as community and service providers. Keeping up to date on latest race discrimination legislation and its implications. Exploring institutional racism and focusing on its effects on lives of Ethnic minority people.

Cancellation

If you find that after booking you are unable to attend a course please let us know as soon as possible.

For more information please contact:
Shehla Khan, EYST Manager on 01792 466980
or email manager@eyst.org.uk

EYST TEAM



DIRECTOR

ROCIO
CIFUENTES



MANAGER

SHEHLA
KHAN



SNR YOUTH
WORKER &
DEVELOPMENT
WORKER

HELAL
UDDIN



YOUTH &
DEVELOPMENT
WORKER

SHAHAB
MIAH



PSP PROJECT
WORKER

NICKY
NIJJER



GRAPHIC
DESIGNER &
ADMINISTRATOR

ZAFFER
AZAD



ADVICE &
OUTREACH
WORKER

LUTHFUR
ULLAH



YOUNG
FEMALES
SUPPORT
WORKER

SHAGUFTA
KHAN



SESSIONAL
WORKER

DAVID
BALDOCK



SESSIONAL
WORKER

MOHAMMED
ALIM



FINANCIAL SUMMARY

EYST COMPANY ACCOUNTS YEAR ENDED 31 MARCH 2012

	2012 £		2012 £		31 March 2012 £
TURNOVER		ADMINISTRATIVE EXPENSES		Balance Sheet	
Cymorth Grant Income	45,253	Personnel costs		FIXED ASSETS	
Big Lottery Grant Income	119,544	Wages and salaries	204,904	Tangible assets	15,256
Swansea Development Fund	25,000	Establishment expenses		CURRENT ASSETS	
WCVA Income	1,203	Rent	19,500	Debtors	17,629
Tudor Trust Funding	—	Rates and water	672	Cash at bank and in hand	68,472
PSP Funding	51,490	Service charges	2,686		86,101
Home Office	10,000	Light and heat	1,567	CREDITORS: Amounts falling due within one year	38,237
Urban Fund	433	Insurance	578	NET CURRENT ASSETS	47,864
Deprived Area Fund	28,984	Repairs and maintenance	2,652	TOTAL ASSETS LESS CURRENT LIABILITIES	63,120
Future Jobs Fund	—	Cleaning of premises	3,053	CREDITORS: Amounts falling due after more than one year	2,100
Safer Community Fund	1,000		30,708		61,020
Youth Offending Service	—	General expenses		RESERVES	
Russums	220	Motor expenses	—	Profit and loss account	61,020
Gwirvol V Project	(2,787)	Travel and subsistence	6,108	MEMBERS' FUNDS	61,020
Voluntary Youth Providers Grant	—	Telephone	3,560		
Community Cohesion Fund	3,573	Computer costs	1,877		
Arts Council of Wales	400	Printing, stationery and postage	2,801		
Training Income	3,000	Training expenses	300		
SCVS capital grant release	2,000	Visits and events	5,933		
Other Income	15,312	Sundry expenses	534		
	304,625	Donations and sponsorship	820		
OVERHEADS		Refreshments	658		
Administrative expenses	281,462	Advertising	4,162		
PROFIT ON ORDINARY ACTIVITIES	23,163	Legal and professional fees	3,926		
		Accountancy fees	3,118		
		Depreciation	9,799		
		Financial costs			
		Operating lease: Equipment	2,095		
		Bank charges	159		



EYST FUNDERS & SUPPORTERS

Grateful acknowledgement of our funders & supporters

During 2011-12, EYST has been grateful to receive funding from the following organisations, without whom we would not have been able to operate:





Ethnic Youth Support Team
Tîm Cymorth Ievenctid Ethnig

www.eyst.org.uk | info@eyst.org.uk

Ethnic Youth Support Team, Unit B, 11 St Helens Road, Swansea, SA1 4AB, Tel No: 01792 466980

*Best youth centre project in Wales 2011 (Youth Work Excellence Awards)
Best Overall Project & Best Community Safety Project 2009*

